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Association France-Depression, France

Depression Alliance, UK

European Medical Association, Belgium

Health Services Research Department, Institute of Psychiatry, UK

Lundbeck Institute, Denmark

PRIMHE (Primary Care Mental Health Education), UK

Psychiatric Studies Centre, Italy

The Bedfordshire and Luton NHS Community Trust, UK

Université Catholique de Louvain, Belgium

Werner Alfred Selo Foundation, Switzerland

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European Depression Day  
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EDD

European  
Depression  
Day

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# European Depression Day

We need  
your support.  
**Come**  
and join us!



**D**epression is now a major public health problem. The World Health Organisation recently reported that by the year 2020, depression will be the leading cause of disability world-wide, after cardiovascular disease.

**A**s the world becomes increasingly aware of the massive burden associated with depression, the need for accurate and up-to-date information is crucial. Urgent action is required to relieve the burden of depression and provide adequate resources to meet present and future needs.

**T**he Non-Governmental Organisation "European Depression Day Association" (EDD Association) aims to promote a day dedicated to raising awareness of depression in every European country. We aim to make this possible through the involvement of interested local organisations and mobilisation of the media.

**T**his initiative will target GPs, psychiatrists, other health professionals, patient organisations, and the general public. We will also put depression on the political agenda to draw greater attention to the impact it has on the individual, their family, society, and the economy.

**E**uropean Depression Day is designed to make everyone more aware of the importance of prevention, early diagnosis, and optimal treatment. Only together can we overcome the burden of depression.

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